



**HAKOL**

**“THE VOICE”**

The Temple Newsletter

**TEMPLE B'NAI SHALOM**

41 STORRS AVENUE, BRAINTREE, MA

[www.tbsbraintree.com](http://www.tbsbraintree.com)

DECEMBER, JANUARY, FEBRUARY, 2017-2018

Kislev, Tevet, Shevat, Adar, 5778

WINTER, 2017-2018

**Shabbat Services, Saturday at 9:15 AM**

*Rabbinic Intern Mona Strick, Cantor Seth Grossman; President Dr. Peter Kurzberg;  
Bulletin Editor Judy Karll*



*Light of CHANUKAH*

*“For the commandment is a lamp & the teaching is light” Proverbs 6:23*

# DECEMBER, 2017 KISLEV, TEVET, 5778 \*Candle lighting FOR HOLIDAYS AND SHABBAT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					13 KISLEV 1  *3:54 PM	2  <i>Parashat Vayishlach</i>  <i>MONA STRICK</i>
3  SISTERHOOD CHANUKAH PARTY GRANITE GRILL	4	5	6	7	8  *3:53 PM	9  <i>Parashat Vayeshev</i>
10	11	24 Kislev 12  Erev Chanukah Light 1 <sup>st</sup> Candle	13  Chanukah 2 <sup>nd</sup> Candle  TBS BOARD MEETING	14  Chanukah 3 <sup>rd</sup> Candle  TEMPLE CHANUKAH PARTY  6:30-8 PM	15  Chanukah 4 <sup>th</sup> Candle light before Shabbat  *3:54 PM	16  Chanukah 5 <sup>th</sup> Candle light after 5 PM  Parashat Miketz Birkat Hachodesh  MONA STRICK
17  Chanukah 6 <sup>th</sup> Candle  11 AM DEADLINE TO LEAVE Holiday Gifts for Community	18  Chanukah 7 <sup>th</sup> Candle	1 Tevet 19  Chanukah 8 <sup>th</sup> Candle  Rosh Chodesh	20  Chanukah	1 Tishri 21	2 Tishri 22  *3:57 PM	23  Parashat Vayigash
24  ____ 31  NEW YEARS EVE 	25	26	27	28  Fast  Tzom 5:37  Asarah B'Tevet 4:51	9 Tishri 29  *4:02 PM	10 Tishri 30  <i>Parashat Veyechi</i>  <i>MONA STRICK</i>

# JANUARY, 2018 -TISHRI, HESHVAN, 5778

\*Shabbat candle lighting

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	14 Tevet 1 New Year's Day	2 Boxing Day	3	4	*4:08 PM	6 Parashat Shemot
7	8	9	10	11	12 *4:15 PM	13 Parashat Vaera Birkat Hachodesh
14	15 Martin Luther King, Jr. Day	16	17 Shevat Rosh Chodesh TBS BOARD MEETING	18	19	20 Parashat Bo MONA STRICK
21	22	23	24	25	26 *4:32 PM	27 Parashat Beshalach Shabbat Shira MONA STICK
28	29	30	31 Shevat Tu BiShevat			

## FEBRUARY, 2018 – SHEVAT, ADAR, 5778

\*Shabbat candle lighting

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				16 Shevat 1	2  *4:42 PM	3  Parashat Yitro
4	5	6	7	8	9  *4:51 PM	10  Parsashat Mishpatim  Shabbat Shekalim Birkat Hachodesh  MONA STRICK
11	12	13	14	15	1 ADAR 16  Rosh Chodesh  *5:00 PM	17  Parashat Terumah
18	19	20	21  TBS BOARD MEETING	22	23  *5:09 PM	24  Parsashat Tetzaveh  Shabbat Zachor  MONA STRICK
26	27	13 Adar 28  Fast Ta'anit Ester  Erev Purim				

DONATION PAGE

DONOR NAME \_\_\_\_\_ Card to: \_\_\_\_\_

Street \_\_\_\_\_ Street \_\_\_\_\_

City \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**INSCRIBED BOOK PLATES:** ( ) High Holiday Mahzor \$ 20.00

**ENGRAVED PLAQUES:** ( ) Tree of Life \$ 72.00  
( ) Yahrzeit \$200.00  
( ) Memorial Plaque \$200.00

**Wording for High Holiday Mahzor Book Plate:**

In Memory of \_\_\_\_\_ By \_\_\_\_\_

In Honor of \_\_\_\_\_ By \_\_\_\_\_

Other \_\_\_\_\_

**Wording for Tree of Life Leaf:**

In Honor of \_\_\_\_\_ By \_\_\_\_\_

Other \_\_\_\_\_

**Wording for Yahrzeit Plaques:**

Name of Deceased \_\_\_\_\_

Hebrew Name \_\_\_\_\_ Ben (son of) \_\_\_\_\_

Bat (daughter of) \_\_\_\_\_

Date of Death \_\_\_\_\_ Time of day \_\_\_\_\_

**Memorial Plaque (non-Jewish)**

Name of Deceased \_\_\_\_\_

Date of Birth \_\_\_\_\_ Date of Death \_\_\_\_\_

**Rabbi Greenberg Scholarship:** Donation amount \$ \_\_\_\_\_

**Hebrew School:** Donation amount \$ \_\_\_\_\_

**Kiddush:** Donation \$75 – basic Kiddush

Check payable to: Temple B'nai Shalom Mail to: 41 Storrs Ave, Braintree, MA 02184 ATTN: MARYLOU



## Message from the Temple President

Shalom,

We have had a busy and exciting fall with a number of terrific events, beginning with our High Holy Day services under the leadership of our rabbinic intern Mona Strick and our cantor Seth Grossman. We had a great turnout and it was so nice to see everyone. If you haven't responded to our survey, please share your thoughts with us. The High Holy Day services always provide a wonderful opportunity to visit with old friends and come together as a temple family. We received very positive feedback on the services. A BIG "thank you" to all who contributed to our air conditioning/heating appeal. To date we raised \$19,309, including \$10,000 from the Sisterhood.

Next came the opportunity to celebrate the holiday of Sukkot in our Sukkah. Our Men's Club did the set up and our students from the religious school did the decorating with the assistance of Judy Karll. Our religious school remains vibrant and our students are learning a great deal. Our cantor, Seth Grossman, teaches our Thursday night religious school, with students learning all about the weekly parshas and Shabbat services. Solomon Borocov continues with our Sunday morning class. Thank you to both of you for undertaking this role.

Our annual congregational meeting drew a large crowd and was held in conjunction with the Men's Club breakfast. As always, the food was delicious. Thank you to the crew that helped in the kitchen. We had a wonderful program on the opioid crisis with David Morgan from the district attorney's office, Allison Burns from End Mass Overdose, Inc., and a speaker who informed us about JACS (Jewish Alcoholics, Chemically Dependent Persons and Significant Others). The temple budget for the 2017-2018 year was also unanimously approved.

Sisterhood held a very successful rummage sale. Thank you to all of the many helpers. Sisterhood will be

holding its annual Chanukah Brunch on December 3 at the Granite Grill. We are all looking forward to a Chanukah Candle lighting at the temple on Thursday, December 14 beginning at 6:30 P.M. (bring your own Chanukah menorah to light) and a family Chanukah Kiddush to be held on Saturday, December 16 at the temple. Delicious potato latkes will be served at both events! Mark them on your calendar. Judy Karll is organizing a "Mitzvah of Giving" program in conjunction with the religious school, collecting unwrapped new toys to give to children less fortunate during the holidays. The deadline for dropping them off to the temple is Sunday, December 17<sup>th</sup> at 11 AM.

What continues to be so heartening is to see the number of people who work so hard to make these events happen. At the same time, we held our weekly Shabbat services with good participation and had individuals helping out in the kitchen so that all could enjoy a Kiddush following the service. Come and join us for a Shabbat service. You will be pleasantly surprised. Services start "around" 9:15ish, but you can come anytime you feel comfortable up to and including the Kiddush. I hope you had an opportunity to participate in some or all of the events that have been, and will be, held. We are fortunate to have members who continuously volunteer their time to help out. Thank you to all who give of their time to make our temple a better place for all. We could use more of you, however! Consider volunteering a few hours in the kitchen for a Shabbat or help with some shopping. Contact Paula Goldman at [paulag@beld.net](mailto:paulag@beld.net) if you can help out or for more information.

Finally, despite the special appeal that was made at the High Holy Days, we still need additional donations to help balance our operating budget. You should have received an orange colored letter in the mail already. Thank you, in advance, for any donation you make.

I wish you and your family good health throughout the holiday season, and hope to see you at an upcoming Shabbat in shul. Happy Chanukah!!

Peter Kurzberg



Dear TBS Community,

I send you warm greetings as we head into our **season of light**.

Soon, we will celebrate Hannukah! We bring more light into our lives and into the world during the shortest days of the year. The first night this year is on Tuesday December 12.

On Channukah we celebrate the victory of the Maccabees over the Syrian Greeks in the Second Temple period. It was a victory that preserved our Jewish identity and secured our ability to continue learning and practicing. The victory was celebrated by Rededicating the Temple. Hannukah means rededication.

To make “famous” the miracle of Hannukah we light our menorahs in the window. It’s a way for us to say that we are proud to be Jews and that we will keep the light of Torah burning.

**This year we invite you to come celebrate as we light our Menorahs together on Thursday night, December 14. We will sing together, eat latkes and have a fun evening!**

We increase our light by lighting the Menorah and joining together as a community. Other ways to bring more light into the world is to **rededicate** ourselves to **Tikkun Olam** - repairing the world through acts of lovingkindness and through **Talmud Torah - learning**. I have listed below some resources for Jewish learning in Boston and online. Enjoy!

May your light increase! Happy Hannukah!

B'Shalom,

Mona Strick, Rabbinic Intern TBS

## **Jewish Learning Resources- in Boston and Online**

*No matter where you are on the spectrum of Jewish living, there is more to learn and more to do. As we learn from Pirke Avot, “Turn it and turn it for everything is in it, and **through it you will perceive clearly.**” — **Pirkei Avot, Chapters of the Sages. 5:26***

- **Madlik: Illuminating the World - A Celebration of Learning and Leadership**

Saturday, Dec 2, 2017 - 7:00pm

Hebrew College | 160 Herrick Rd. Newton Centre, MA

Admission:

Go to [www.Hebrewcollege.edu](http://www.Hebrewcollege.edu) to purchase a ticket

Admission \$36 | Students \$18

The Rabbinical School of Hebrew College invites you to a joyful evening of study, story and song to celebrate its impact in Greater Boston and Beyond. Join us in our home at Hebrew College to experience the light of Torah that animates the Rabbinical School, inspires its students and alumni, and enlivens the wonderful communities they serve.

- **Limmud Boston -December 3 at Temple Reyim, Newton**

<https://limmudboston.org/>

**Everyone is a learner!** LimmudBoston is the annual, volunteer-driven Jewish learning festival of culture and identity which includes everything from food demos and performance to panel discussions and individual talks. Learn! Listen! Watch! Wonder! LimmudBoston workshops explore life cycle events, Israel, spirituality and identity. At LimmudBoston, we learn and move and explore Jewish topics. Each conference offers nearly 100 learning presentations and hands-on sessions on Torah, text, Jewish identity, movement, meditation, music, food, life cycle, theory and practice—and more.

## **My Jewish Learning**

[www.MyJewishLearning.com](http://www.MyJewishLearning.com)



**My Jewish Learning** is all about empowering Jewish discovery for anyone interested in learning more. The site offers thousands of articles, videos and other resources to help you navigate all aspects of Judaism and Jewish life — from food to history to beliefs and practices.

### **Sefaria: A Living Library of Jewish Texts**

**Explore 3000 years of Jewish Texts in Hebrew and English.** One of the absolute best online resources for Jewish learning!

[www.sefaria.org](http://www.sefaria.org)

### **Mechon Hadar** [www.hadar.org](http://www.hadar.org)

*Mechon Hadar is an educational institution that empowers Jews to create and sustain vibrant, practicing, egalitarian communities of Torah learning, prayer, and service. The website is a treasure trove of Torah learning, tunes for prayer, and opportunities for learning - whatever your background.*

**Jewishboston.com** - a great roundup of Jewish events in and around Boston - culture, food, learning, music, film. If it's Jewish and in Boston - you can learn about it here.

### **Jewish Adult Ed Classes - in Boston, South and North Shores**

<http://www.hebrewcollege.edu/meah-winter2018>

*Dates to Calendar*

*December 3 Sisterhood Chanukah Party*

*December 14 Temple Chanukah Party*

*March 10 "Rebel in the Rye" Movie Nite*

*April 22 Sisterhood Donor*



## **DUES REMINDER**

From the Financial Secretary

**Perhaps you have forgotten to pay  
your temple dues?**

Please let me know if there is a problem or if you  
need another set of coupons.

I can be reached at [jan@janfine.com](mailto:jan@janfine.com) or by  
phone at 508-230-5074.

Thank you for your attention to this matter.

Janice Fine  
Temple Financial Secretary

## **ISRAELI BONDS**

**If you are unable to purchase an  
Israeli Bond on your own, join the  
Temple's group. Please contact Paula  
Goldman at [paula@beld.net](mailto:paula@beld.net).**

## **SISTERHOOD CHANUKAH BRUNCH**

Join us Sunday, DECEMBER 3

11 AM

for BRUNCH

@ THE GRANITE GRILL

703 Granite St, Braintree

Brunch is \$25 per person

RSVP by November 27<sup>th</sup>

Please send your check payable to "Sisterhood TBS"

To:

Cheryl Berman, 117 Wildwood Ave, Braintree 02184

YOUR CHECK IS YOUR RESERVATION

**BRING A \$10 GIFT FOR THE YANKEE SWAP**

(Something you might like to receive)

**WE HAVE SELECTED THE MARGE CRISPIN CENTER in**

**BRAINTREE FOR OUR OUTREACH CHARITY**

Providing services for Braintree residents in need

**THIS YEAR'S WISH LIST IS ITEMS FOR TEENAGERS,**

**BOTH MALE & FEMALE**

**ALL ITEMS MUST BE NEW, UNOPENNED, NOT**

**EXPIRED & NOT HAVE ANY FEES**

Suggestions include gift cards, or personal items or  
clothing.

Love & Latkes,  
The Chanukah Maven



**TBS MEMBERS &  
RELIGIOUS CLASS  
STUDENTS**

**ON  
THURSDAY DEC 14  
@**

**6:30 PM**

**come together**

**For a little Chanukah**

**Bring your Menorah**

**To light along with others**



## **THE CHANUKAH MENSCH LEFT ON THE BENCH IN THE TEMPLE LOBBY**

a box for us to fill with

**NEW TOYS** \*see list below for the Marge Crispin Center and **CHILDREN'S HAT AND MITTENS** for the Children's Closet; for him to deliver these holiday gifts to our community's less fortunate.

Please bring your gifts by  
December 17th.

If you aren't able to shop, the Mensch's assistant can help. Please leave a little gelt in an envelope on the card table in the Kitchen marked **CHANUKAH MENSCH**.

**Happiness begins with giving....**

\*The Children ages 9 -15 receive the fewest gifts ...perhaps you'd consider them this holiday.

Suggested items:

GIFT CARDS from: Amazon, The South Shore Plaza, Aeropostle, Game Stop, Newbury Comics, Google Play, Claire's Bob's, Justice, TJMaxx, Marshall's, Forever 21, Michael's, Bath & Body, Kohl's, etc. Or food restaurants: McDonald's, Papa Ginos, Burger King, Dunkin Donuts, or general gift cards Visa or American Express.

Movie Passes (without fees to use), personal care items for boys or girls, makeup kits, hair accessories, hair blow dryer, flat iron, shaving set for boys. Or appropriate popular or sports clothing or equipment.

**2017-2018 5778  
JEWISH HOLIDAYS  
HOLIDAY DATES**

**\*Yizkor**

**Chanukah            December 12-20**

**Tu BiShavat        January 31**

**Shabbat Zachor   February 24**

**Purim                February 28-March 2**

**Passover            March 30-April 7 \***

**Yom HaShoah      April 12**

**Yom HaZikaron    April 18**

**Yom HaAtzma'ut   April 19**

**Lag B'Omer         May 3**

**Yom Yerushalayim May 13**

**Shavout             May 19–May 21 \***

**Tish'a B'Av         July 2**

***DONATIONS  
to  
TEMPLE B'NAI SHALOM***

**IN MEMORY OF ALLAN R. MORRIS**

Irving & Wayne Adler  
Tom Bryan, TWB Associates, Inc.  
Engineering Department of  
The New York State Thruway Authority  
Rabbi Wayne & Anne Franklin  
Peter & Karen Kurzberg  
Carl & Valerie Narsasian  
Martha Healey & Sandor Schuman  
Eric & Ellen Schwartz  
Mel & Debra Zussman

**IN MEMORY OF:**

Ned, Cheryl & Jodi Berman  
In Memory of  
Kathleen Harris

Herb & Trudy King  
In Memory of  
Sylvia Nankin

Enid Lubarsky  
In Memory of  
Edward Housman  
In Memory of  
Cheryl Talbot

Carol & Nadine Tubman  
In Memory of  
Cheryl Talbot

**IN HONOR OF:**

Irving & Wayne Adler  
In Honor of the marriage of  
Alan Burack & Anita Young

Laurie Jordan  
In Honor of her mother,  
Helen Warshauer's, birthday

### **YAHARZEIT DONATONS**

Michael Caplan & Family  
In Memory of  
Jocelyn Caplan

Steve & Judy Karll  
In Memory of  
Maurice Karll

Philip Nedelman  
In Memory of  
Arthur Nedelman

Moe Saidel  
In Memory of  
Mildred Helen Saidel

James & Robin Torpey  
In Memory of  
Robin's father, Leo Shaer  
In Memory of  
their brother-in-law, Kostas Mouratiois

### **GENERAL DONATIONS RECEIVED BY THE TEMPLE**

Estelle Weinberger

### **KIDDUSH SPONSORS**

Alan Burack & Anita Young  
In honor of  
Their marriage

Michael Caplan & family  
In Memory of  
Jocelyn Caplan

David Flaherty & Paula Goldman  
In Memory of Paula's mother,  
Charlotte Goldman

Leah Guinta  
In Memory of her mother,  
Dorothy Klingenstein

Enid Lubarsky  
In Memory of her mother,  
Vitey Lubarsky

### **PEACE GARDEN**

Natasha Bugakov  
In Memory of  
Leonid & Victory Fainer

### **PRAYER BOOK**

Nancy Resnick  
In Memory of  
Catherine M. George

### **MENDING BY MERYL**

Anne Marie Griffin O'Connor

### **TEMPLE WISHES TO CONGREGANTS**

A Speedy Recovery to  
PATTI ROSENFELD

### **MAZEL TOVS**

Alan Burack & Anita Young  
On their marriage

Steve & Marylou Fishman  
on the marriage  
of their daughter, Jill  
to Sherwin John

### **THANK YOU TO THOSE THAT HAVE MADE DONATIONS FOR THE AIR CONDITIONING SYSTEM**

Irving & Wayne Adler  
Lynne Baron  
Barry & Kathy Belt  
Ned & Cheryl Berman  
Robert & Liz Bloom  
Judy Brams  
Alan Burack & Anita Young  
Michael & Caryn Carroll  
Robert Cohen

Judy Coletta  
 Allen & Marilyn Cramer  
 Howard & Wendy Cutler  
 Roberta Dowling  
 Lucy Fainer  
 Janice Fine  
 Larry & Judy Flanagan  
 David Flaherty & Paula Goldman  
 Michael & Faye Goldman  
 Ina Goldstein  
 Irene Goldstein  
 Arline Goodman  
 Seth & Jenn Grossman  
 Richard & Carol Hacker  
 Stewart & Marvin Joran  
 Laurie Jordan  
 Steve & Judy Karl  
 Herb & Trudy King  
 Dan & Marj Kobrin  
 Florence Koffman  
 Peter & Karen Kurzberg  
 Gail Lerner  
 Dan & Helen Liberman  
 Enid Lubarsky  
 Michele Mahoney  
 Alice O'Boyle  
 Barry Rabinovitz & Angela Ponte  
 Jerry Rabinovitz  
 Nancy Resnick  
 Mickey Rosen  
 Paul & Sandra Rubin  
 Matthew Salloway  
 Sheldon Segal & Sandie Baler-Segal  
 David & Sunny Shaw  
 Meryl Smith  
 Irving Spector  
 Doug & Penny Spellberg  
 George Strom  
 Elaine Swalnick  
 Temple B'nai Shalom Sisterhood  
 James & Robin Torpey  
 Carol & Nadine Tubman  
 Tali Walters  
 Jim Warshauer  
 Philip & Estelle Weinberger  
 Diana Weiner  
 Michael & Nancy Wluka  
 Milton & Arlene Wolk  
 Dan Young

THERE HAS BEEN AN INCREASE IN  
 THE DONATION FOR YAHRZEIT &  
 MEMORIAL PLAQUES TO \$200,  
 Due to the increase of our cost

## SPONSOR a KIDDUSH



***Remember with TBS: a graduation,  
 wedding, anniversary, birthday, Mitzvah,  
 anniversary, Yahrzeit or something special  
 to you.***

\$75 for a basic Kiddush or embellished for an  
 additional fee. To sponsor a Shabbat Kiddush  
 contact either: Janice @ 508-230-5074  
[jan@janfine.com](mailto:jan@janfine.com) OR Marylou @ 617-921-0368  
[maryloufishman@comcast.net](mailto:maryloufishman@comcast.net)

## MEMBERSHIP NOTICES

As a Member of the Temple, you can be notified of a  
 family member's yahrzeit & the remembrance will  
 also be mentioned at the Shabbat Service prior to the  
 Hebrew anniversary. Please send the following  
 information: Name of Deceased, date of passing as  
 well as the time if known to: Meryl Smith  
[meryljoys@aol.com](mailto:meryljoys@aol.com)



# RUMMAGE

Temple's Fall Fundraiser

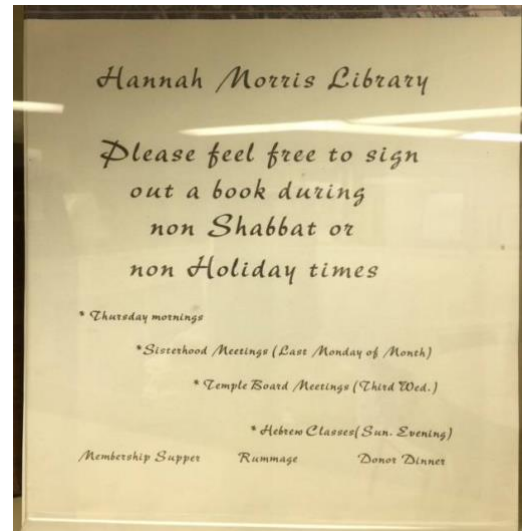
**The Temple is grateful to  
all members who  
participated in making  
this Rummage Sale a  
Huge Success!**

A few of those that helped in the Rummage Sale



## TEMPLE HANNAH MORRIS LIBRARY

On the first floor of the Temple



Do you or anyone in your family shop on  
AMAZON.COM ?

Thanks to congregants who shop on AMAZON.COM,  
Temple B'nai Shalom receives a check for a percentage of  
their sales each month from Amazon.

Next time you have something to order:

Go to The Temple's Website:  
[www.tbsbraintree.com](http://www.tbsbraintree.com)

Click on: GIVING

Click on: SHOPPING OPPORTUNITIES



The Holocaust stamp collection has ended.  
Temple B'nai Shalom contributed 33,000  
Stamps  
to the project.  
Thank you.



**JEWISH  
NATIONAL  
FUND**

*Your Voice in Israel*

**JNF TREES**

**If you are interested in  
purchasing Trees in Israel  
through Hadassah –  
Contact: Carol Savas  
781-344-9377  
carolsavas@yahoo.com**

## Dry Bones CURIOUS



## Temple B'nai Shalom Board 2017-2018 –contact list

Pres. Dr. Peter Kurzberg pkurzb@beld.net  
1<sup>st</sup> VP Stephen Karll [Stephen.karll@verizon.net](mailto:Stephen.karll@verizon.net)  
2<sup>nd</sup> VP Michael Caplan gardenlover5@verizon.net  
Fin. Sec. Janice Fine jan@janfine.com  
Treas. Paula Goldman paulag@beld.net  
Rec. Sec. Meryl Smith meryljoys@aol.com  
Cor. Sec. Liz Bloom bobliz@beld.net  
PP Marylou Fishman maryloufishman@comcast.net

### Two Year Directors

Cheryl Berman nedcheryl@comcast.net  
Gail Lerner gblerner@beld.net  
Judy Karll sjkarll@yahoo.com  
Richard Salloway rbsalloway@aol.com

### One Year Directors

Sandie Baler-Segal sandiebs@verizon.net  
Audrey Mallock audrabm@gmail.com  
Josephine Salloway jsalloway@aol.com  
Arline Goodman acgood@aol.com

### Representatives

Sisterhood: Florence Koffman  
Florence.koffman@gmail.com  
Men's Club Paul Rubin  
[parsbr@verizon.net](mailto:parsbr@verizon.net)  
Hebrew School: Solomon Borocov  
Sol00@yahoo.com  
Religious Committee: Barry Belt  
baz@beltmail.net

**TBS CHAIR YOGA CLASS**





### **Chair Yoga Classes Offered**

Join the Chair Yoga Class  
At the Temple  
on the first and third Thursdays  
Of the Month  
at  
10 AM for one hour.

The instructor is Joyce Jordan. Joyce is a certified yoga teacher as well as a certified nutritional & wellness consultant.

Classes are for men and women. The cost is \$10 per week, paid monthly at the beginning of each month. Although the class has been ongoing, there is no problem joining at any time. Come and observe a lesson to see if it's for you.

If you have any questions contact:

Marylou at [maryloufishman@comcast.net](mailto:maryloufishman@comcast.net) or call 617-921-0368

No matter who won the World Series, one certain winner was Jewish Pride.

For one of the few times in history, the roster of both teams in baseball's fall classic had identified Jewish ball players, outfielder Joc Pederson of the LA Dodgers and third baseman Alex Bregman of the Astros.

Not only were both playing in The Series, but both were excelling. By game 5 Pederson was leading his team in home runs and runs scored; Ditto for Alex Bregman who had hit the Astros dramatic , game winning, walk off 10th inning single in game 5. It was reported to be the first time a Jewish player got a walk off hit in a world series game.

Both players were in the running to be named the World Series Most Valuable player, an honor won by Jewish athletes only twice in baseball history, both Dodgers pitchers: Larry Sherry in 1959 and the iconic Sandy Koufax in 1963 and 1965.

And one more source of Jewish pride: Gabe Kapler, a former major league player who served as a coach for team Israel in the World Baseball Classic, who has a tattoo of a Jewish star on one leg and the words "Never Again" on the other, was this week named manager of the Philadelphia Phillies. Kapler also played on the Boston Red Sox team a few years ago.

For a sport who's first known Jewish professional player was Lipman Pike, a 19th century slugger from New York City, the Jewish future in baseball appears to be in good hands.

Submitted by  
Dick Salloway

**[Sweet Low Fat Latkas](#)**

**Article from Jewish Week**  
**Nov 3rd. 2017**



- 3 teaspoons vegetable oil, preferably canola
- 2 pounds russet potatoes (about 4 or 5), peeled
- 3/4 cup finely chopped red onion (about 1 medium onion)
- 1/4 cup all-purpose white flour
- 1 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 1 large egg, lightly beaten
- 1 large egg white, lightly beaten

Set oven racks at middle and lower positions of the oven. Preheat oven to 450° F. Prepare 2 baking sheets by brushing with 1 teaspoon oil on each sheet.

Grate potatoes using hand grater or shredding blade of food processor. Place in a large bowl and add onions, flour, salt and pepper; toss to mix well. Add egg, egg white and remaining 1 teaspoon oil; toss to mix.

Drop onto prepared cookie sheets by the tablespoonful and press lightly to form cakes. Bake for 10 minutes, or until golden brown on the bottom. Flip latkes, switch position of baking sheets, and bake about 5 more minutes, or until golden brown.

Transfer to a platter, arranging browned-side up, and serve with no-fat sour cream or applesauce, or both. May be made ahead and stored overnight in fridge. Reheat at 350° F for 10 minutes. Makes about 24 latkes.

Tip: Use the grater attachment of a food processor to simultaneously grate both the potatoes and the onion. Set the shredded material in a colander over a bowl to catch the dripping liquid. When the grated potato-onion mixture stops squishing combine with the egg, egg white and remaining teaspoon of oil as above. Carefully pour out the liquid collected from under the grated potatoes and onions, taking care to save the white cake which has formed at the bottom of the bowl (the potato starch). Add this white stuff to the latke mixture and mix well. Complete the above recipe as written.

## Chanukah Candle Lighting Prayers

One candle is added to the menorah each night. The first night, you light only the shammas (usually the highest candle) and one Chanukah candle. By the eighth night, you light all of the candles.

Candles should be added to the menorah from right to left (like Hebrew writing). The shammas candle is lit first. While holding the shammas candle, recite the following blessings.

Blessed are you, Lord, our God, sovereign of the universe

Who has sanctified us with His commandments and commanded us to light the lights of Chanukah.  
(Amen)

*Barukh atah Adonai, Eloheinu, melekh ha'olam  
asher kidishanu b'mitz'votav v'tzivanu  
l'had'lik neir shel Chanukah. (Amein)*

Blessed are you, Lord, our God, sovereign of the universe

Who performed miracles for our ancestors in those days at this time. (Amen)

*Barukh atah Adonai, Eloheinu, melekh ha'olam  
she'asah nisim la'avoteinu bayamim haheim  
baziman hazeh. (Amein)*

**This prayer is said on the first night only.**

Blessed are you, Lord, our God, sovereign of the universe

who has kept us alive, sustained us, and enabled us to reach this season (Amen)

*Barukh atah Adonai, Eloheinu, melekh ha'olam  
shehecheyanu v'kiyimanu v'higi'anu laz'man hazeh.  
(Amein)*

The Chanukah lights should be lit when the stars appear. If one did not light then, one may still light through the remainder of the night, provided that the members of the household are still awake. If one was inadvertently unable to light the Chanukah lights until very late – when everyone is already asleep (and it is not possible to awaken two or three of them) and thus one cannot achieve publicizing of the miracle – he should light without making a blessing. Once night has passed, the lights cannot be lit and one cannot make up for having failed to perform the mitzvah. He can only light the next evening as does everyone else.

For the half hour preceding the time when the lights are to be lit, one is forbidden to eat a "fixed" meal or to partake of anything intoxicating. When the prescribed time has arrived, even the study of Torah is prohibited until the Chanukah lights are lit. When the stars appear, the evening prayers are recited and is followed immediately by the lighting of the Chanukah lights. In Jerusalem, many follow the custom of the Vilna Gaon and light the Chanukah lights at sunset, prior to the evening prayers.<sup>1</sup>

The lights should burn for at least half an hour; thus, when lighting, there should be sufficient oil for them to burn for that amount of time.

Those who light at sunset must place sufficient

oil for the lights to burn for at least fifty minutes – twenty minutes from sunset until the appearance of the stars and thirty minutes afterwards.

If, at the time when the lights were lit, there was an insufficient amount of oil for them to burn for the requisite period, one has not fulfilled the mitzvah and one may not add oil after the lights have been lit. Rather, one must extinguish the flame, add oil, and relight the lights without the blessing. The essence of the mitzvah is the act of lighting – thus, there must be sufficient oil at the time of lighting to burn for the required time.

If one poured more than the required amount of oil for the lights, he may extinguish them after they have burned for more than half an hour after the appearance of the stars, if he wishes to use the excess oil for lighting on the following evening. He may also extinguish the lights in order to use the remaining oil for some other purpose, provided that he specifically stipulated that he had intention to do so before he used the oil for the Chanukah lights. For this reason, no use may be made of the oil or wicks that remain after the last night of Chanukah unless one specifically stipulated – before lighting – that he intended to use whatever remained for other purposes. If he made no stipulation, they should be burned.

If the Chanukah lights were accidentally extinguished during the prescribed period, they should be relit without a blessing. If one failed to relight them, he will nevertheless still have fulfilled the mitzvah, for as we have seen, the essence of the mitzvah is the act of lighting. As long as the Chanukah lights are burning – even if the prescribed period has passed – no benefit may be derived from their light and they may not be moved from place to place. If one wants to use their light for some other purpose after they have burned for the prescribed period, he should first extinguish them and then relight them [only if he made a stipulation – as above].

On Friday afternoon, the lighting of the Chanukah lights precedes the lighting of the Shabbat candles. One should be careful to use sufficient oil to ensure that they remain lit for at least half an hour after the appearance of the stars.

On motza'ei Shabbat (Saturday night), customs differ – among many, the Chanukah lights are lit after Havdalah; others reverse the order. A person should therefore follow the custom of his forefathers.

Among Sephardic communities, Chanukah lights are lit in the synagogue before Havdalah and at home, Havdalah precedes the lighting.

## EXHIBIT AT PEABODY SALEM MUSEUM



Cecil Jacob Eprile  
1897–1982, Scotland

### **Torah ark from the synagogue on *Queen Mary*, about 1935**

Maple and cherry veneers on oak,  
wrought iron, and paint.  
Judah L. Magnes Museum Purchase,  
The Magnes Collection of Jewish Art and Life,  
University of California, Berkeley  
92.24 A-B

This Art Deco Torah ark is in the shape of a hand, or *Hamesh*, a symbol of blessing and protection. The hammered metalwork on the door depicts a temple menorah. Eprile, who had worked on synagogues in England, designed it to mirror Queen Mary's signature wood veneers. The ship had a permanent synagogue on the third-class deck, which was accessible to passengers of all classes for services. Many liners began adding synagogues in the 1930s for the increasing number of Jewish American travelers and refugees and immigrants fleeing Europe.



# THE BUILDERS AND SUKKAH DECORATORS 2017



**SISTERHOOD MEMBERSHIP**  
**FALL OF 2017**

