

HAKOL

“THE VOICE”

The Temple Newsletter

TEMPLE B'NAI SHALOM

41 STORRS AVENUE, BRAINTREE, MA

www.tbsbraintree.com

SEPTEMBER, OCTOBER, NOVEMBER, 2019
ELUL, 5779 TISHREI, CHESHVAN, KISLEV, 5780

FALL, 2019

Shabbat Services, Saturday at 9:15 AM

*Rabbi Ma'ayan Sands, Cantor Seth Grossman; President Dr. Peter Kurzberg;
Bulletin Editor Judy Karll*



*May you and yours be written in The Book of Life for a good year and may it be filled with the
promise of peace, good health and happiness*

SEPTEMBER, 2019 ELUL, 5779 TISHREI, 5780 *Holiday & Shabbat candle lighting

PARTING OF THE WATERS Then Moses held out his arm over the sea and the LORD drove back the sea with a strong east wind all that night, and turned the sea into dry ground. The waters were split, and the Israelites were into the sea on dry ground, the waters forming a wall for them on their right and on their left. Shemot/Exodus 14:21-22

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 ELUL 1 Rosh Hodesh Elul	2 Labor Day	3	4	5	6 *6:52 PM	7 Parashat Shoftim Haftarah: Isaiah 51:12- 52:-12
8 Grandparents Day Literacy Day	9	10	11 Day of Mourning All Victims of Terrorism	12	13 *6:40 PM	14 Parashat Ki Teitzei Haftarah: Isaiah 54:1-10
15	16	17 Constitution Day	18 TBS BOARD MEETING	19	20 *6:27 PM	21 International day of Peace Leil Selichot Parashat Ki Tavo Haftarah Isaiah 60:1-22
22 Interfaith Mini-Walk for Hunger in Westwood support for Project Bread 2:30 pm	23 Autumn begins at 3:50 AM	24	25	26	27 *6:15 PM	28 Parashat Nitzavim Haftarah Isiah 61:10-63:9
29 Erev Rosh Hashanah *6:12 PM	1 Tishrei 30 Rosh Hashanah  5780					

OCTOBER, 2019 TISHREI, CHESHVAN 5780 *Shabbat candle lighting

GAN EDEN (The Garden of Eden) And the LORD G-d planted a garden in Eden from the east, and He placed there the man that He had formed. Bereshet / Genesis 2:8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		2 Tishrei 1 Rosh Hashanah 	2 Tzom Gedaliah	3	4 *6:14 PM	5 Parashat Vayeilech Shabbat Shuva Haftarah: Hosea 14:2-10 Micah 7:18-20 Joel 2:15-27
6	7	8 Erev Yom Kippur *6:08 PM	9 Yom Kippur  <small>Shana Shana Shana</small>	10	11 *6:03 PM	12 Parashat Ha'Azinu Haftarah II Samuel 22:1-51
13 Erev Sukkot *6:00 PM	14 Columbus Day Sukkot I *7:06 PM	15 Sukkot  II	16 TBS BOARD MEETING Sukkot III	17 Sukkot IV	18 Sukkot V *5:52 PM	19 Haftarah Ezekiel 38:18 - 39:16 Sukkot VI
20 MEN'S CLUB BREAKFAST & CONGREGATIONAL MEETING Sukkot VII *5:49 PM	21 Shmini Atzeret *6:56 PM	22 Simchat Torah	23	24	25 *5:42 PM	26 Parashat Bereshet Haftarah: Isaiah 42:5-43:10 RABBI SANDS
27 SISTERHOOD MEMBERSHIP DINNER	28	29 Rosh Hodesh Cheshvan	1 Cheshvan 30 Rosh Hodesh Cheshvan	31 		

NOVEMBER , 2019 CHESHVAN, KISLEV 5780 *Candle lighting FOR HOLIDAYS AND SHABBAT

TORAH (The Five books of Moses) And he said to them: “Put your hearts to all of these things which I place as testimony in you this day, which you shall command your children to keep and to do – all the words of this Torah.” Devarim/Deuteronomy 32:46

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					3 Cheshvan 1 *5:34 PM	2 Parashat Noach Haftarah: Isaiah 54:1-55:5 RUMMAGE SET UP
3 RUMMAGE Daylight Savings Time ENDS	4 RUMMAGE CLEAN UP	5 ELECTION DAY Yom HaAliyah	6	7	8 *4:26 PM	9 Parashat Lech- Lecha Haftarah: Isaiah 40:27-41:16
10	11 VETERAN'S DAY 	12	13	14	15 *4:19 PM	16 Parashat Vayera Haftarah: II Kings 4:1-37
17	18	19	20 CHILDREN'S DAY TBS BOARD	21	22 *4:14 PM	23 Parashat Chayei Sara Haftarah: I Kings 1:1-31 RABBI SANDS
24	25	26	27	28 THANKSGIVING ROSH HODESH KISLEV	1 KISLEV 29 *4:11 PM	30 Parashat Toldot Haftarah: Malachi 1:1 – 2:7

HIGH HOLIDAYS SCHEDULE (5780)

September 2019

Temple B'nai Shalom
41 Storrs Avenue, Braintree
Rosh Hashanah and Yom Kippur

May this be a healthy and blessed year!

Rosh Hashanah – 5780

Sunday **September 29** Evening 6:30 pm

Monday **September 30** Morning 9:00 am
Torah Service 10:00 am
Shofar Service 10:30 am

CHILDREN'S SERVICE 11 am – Noon

Led by Solomon Borocov & Kelly Sibelli

Sermon 11:30 am

Tuesday **October 1** Morning 9:00 am
Torah Service 10:00 am
Shofar Service 10:30 am
Sermon 11:30 am

Yom Kippur – 5780

Tuesday **October 8** Evening – Kol Nidre 7:00 pm

Wednesday **October 9** Morning 9:30 am
Torah Service 10:30 am
Yizkor 11:30 am
Break 2:00 – 5:00 pm

Mincha – Neilah 5:30 pm

Shofar & Break Fast 7:00 pm

Schedule changes will be announced each day as needed.

Taschlich Services will be at Sunset Lake following Rosh Hashanah Day 1

TEMPLE B'NAI SHALOM HIGH HOLIDAYS

PRICE SCHEDULE & SEAT ORDER FORM

TEMPLE MEMBERS & RELATIVES	\$ 75	X	_____ = _____
CHILDREN OF TEMPLE MEMBERS (AGES 7-20)	\$ 35	X	_____ = _____
NON TEMPLE MEMBERS	\$100	X	_____ = _____
CHILDREN OF NON TEMPLE MEMBERS (AGES 7-20)	\$ 50	X	_____ = _____
NON TEMPLE MEMBER SENIORS (65 AND OVER)	\$ 75	X	_____ = _____
TOTAL			_____
	AMOUNT CHECK:		_____

YOUR NAME: _____

PHONE: _____

MAIL CHECK TO: ***JUDY FLANAGAN***
 5 STAITI CIRCLE
 CANTON, MA 02021

DUE AUGUST 16

BREAK FAST RESERVATION

\$10 per adult	\$ _____
\$25 per family	\$ _____

MAIL CHECK TO: ***KAREN KURZBERG***
 42 HOLLINGSWORTH AVENUE
 BRAINTREE, MA 02184

DUE OCTOBER 1



DONATION PAGE

DONOR NAME _____ Card to: _____

Street _____ Street _____

City _____ City _____

State _____ Zip _____ State _____ Zip _____

INSCRIBED BOOK PLATES: () High Holiday Mahzor \$ 20.00

ENGRAVED PLAQUES: () Tree of Life \$ 72.00

() Yahrzeit \$200.00

() Memorial Plaque \$200.00

Wording for High Holiday Mahzor Book Plate:

In Memory of _____ By _____

In Honor of _____ By _____

Other _____

Wording for Tree of Life Leaf:

In Honor of _____ By _____

Other _____

Wording for Yahrzeit Plaques:

Name of Deceased _____

Hebrew Name _____ Ben (son of) _____

Bat (daughter of) _____

Date of Death _____ Time of day _____

Memorial Plaque (non-Jewish)

Name of Deceased _____

Date of Birth _____ Date of Death _____

Rabbi Greenberg z”l Scholarship: Donation amount \$ _____

Hebrew School: Donation amount \$ _____

Kiddush: Donation \$75 – basic Kiddush

Check payable to: Temple B’nai Shalom Mail to: 41 Storrs Ave, Braintree, MA 02184 ATTN: MARYLOU



Message from the Rabbi

My Dear Friends,

Life is a journey! It revolves around time and what we do or don't do with it. As we grow from one stage of life to another, our priorities will change. Sometimes changes will be made purposefully. Other times life will present us with circumstances which will demand changes not by choice but based on external circumstances that require us to adapt.

In preparation for the high holy days, I've been reading Being Mortal: Medicine and What Matters in the End, by Atul Gawande. Gawande teaches us to ask the quintessential question at every stage of our lives: *beyond survival, what do we really want from life?* It is on this question that we reflect each year during the High Holy Days.

A short story: "The Traveler"¹

Once there was a boy named Charlie. His parents loved him. He had friends to play with, including a girl with a pretty smile and a dog who took him on walks all around.

But Charlie wasn't quite happy. His life wasn't perfect.

One day, Charlie climbed up to the attic. He found a heavy suitcase with strong buckles. In it he packed his big, bulky decades, then the ... years, the ... months, the ... weeks, a ton of hours, small crumbled up minutes and itsy-bitsy seconds. He closed his suitcase, pulled the straps tight and at dawn the next day, Charlie set off to travel until he found something perfect on which to spend his time. He said good-bye to his parents. "Good-bye, Charlie," they said with teary eyes. His pretty friend hurried over to see him. "Please take my hat", she said. And off Charley went to find his perfect life, that would make him happy.

He walked and slept with his heavy suitcase by his side. "My time is safe" he said to himself. "Soon I'll find something perfect to spend it on."

One morning Charlie walked by a forest with beautiful animals and big shady trees. He put down his suitcase to consider whether the forest was his "perfect" place. Suddenly, a branch fell very near him. "The forest was not quite perfect", he decided. He picked up his suitcase and traveled on; all the time saying to himself "My time is safe in my suitcase. I can't go wrong. I'll find something perfect to spend it on."

¹ "The Traveler" author and illustrator Daren and Daniel Simkin

He walked by a windy desert where there were camels and lizards and a quiet fox who drew near. The sun burned brightly and was hot. Charlie didn't like the heat. The desert wasn't perfect, either. He continued walking with his suitcase by his side. "My time is safe. I can't go wrong. Soon I'll find something perfect to spend it on," he said to himself.

Charlie walked by a sparkling ocean with deep blue water. He didn't know how to swim. The ocean was not the perfect place for him. And, so it was, until one night, now a tired old man, Charlie realized he was lonely. More than anything, he wanted someone to talk with. He continued to walk... until eventually, he arrived home. The pretty girl was old now, too. She saw his hat and smiled. He dropped his suitcase and said to her: "I've decided I'm ready to spend all my time: my decades, years, months, weeks and days; my hours, minutes and my seconds, too. I want to spend them at home, with friends and with you."

Charlie unbuckled his suitcase and emptied it. It had held his time for so long, but ONLY ONE MONTH fell to the ground. "Where has all my time gone?" Charlie cried. He shook the suitcase but only a few seconds fell out. "Could my time have slipped out of my suitcase? The decades, t years and months were so big and bulky. I don't understand!"

"Charlie, it's not the suitcase that's the problem" said his friend. "Time cannot be saved. Come sit next to me and my friends in front of our crackling fire." And he did. Charlie spent his final month with his friends. He loved and he was loved. It may not have been perfect, but Charlie was happy.

We pray the new year, 5780, will bring each of us happiness, fulfillment and memories of time well spent. May we share laughs, endless hours of nourishing friendship and create loving memories for ourselves and with each other. May we grow in our ability to see the unique spark of the Divine in one another and to help each one see it in herself. We pray for guidance from the One Creator of all living things, to help us live wisely, find within ourselves the ability to stretch and grow and to work as God's partners toward a more whole, compassionate, just and peaceful world.

שמנה טובה ומתוקה *shana tova u'metukah,*

I wish each and all of you a sweet, healthy and fulfilling new year; all 12 months, 365 days, 8,765.82 hours, 525,950 minutes and every single itzy-bitzy second.

Amen

With gratitude and blessings, Rabbi Ma'ayan



Shalom,

I hope this bulletin finds you and your family well. It is that time again for us to celebrate the High Holidays. We do this as we continue to celebrate our 60th Anniversary. We look forward to Rabbi Ma'ayan Sands and Cantor Seth Grossman leading us in services again this year.

Attending services gives us the opportunity to reflect upon the past year, pledge to improve ourselves as human beings, pray for good health, happiness, peace throughout the world, and to be inscribed in the Book of Life. It is also an opportunity to reunite with temple members whom we have known for many years yet do not get to see very often anymore except on the High Holidays. It is something to which all of us can look forward. I hope you will join us. PLEASE SEND IN YOUR TICKET AND YARZEIT INFORMATION if YOU HAVE NOT ALREADY DONE SO.

This year we will once again be holding a Break Fast at the temple following the final blowing of the shofar. You should have received a flyer on it. If this is something that would be of interest to you, please send your check for \$10/person, with a \$25 maximum of 3 or more per family, to Karen Kurzberg at 42 Hollingsworth Ave. Braintree, MA 02184. This will be a great way to close out the High Holidays and socialize with temple members.

We have a few events coming up shortly after the High Holidays. The big event is that we will begin work on the new bathroom. We will keep you updated on the progress. THANK YOU to all who contributed to this project. You can see the complete listing of donors in this bulletin. We will be holding our annual congregational meeting on Sunday, October 20. The Men's Club will be preparing a delicious breakfast for us. Details of the program to accompany the congregation meeting will be sent to you at a later date. I hope you will be able to join us. The Sisterhood will be holding its membership brunch on October 27 and

rummage on Sunday, November 3. In between Yom Kippur and rummage, we will be celebrating Sukkoth. It will be a busy fall!!

Finally, I encourage you to attend services a few more times this year than you have this past year and consider volunteering to help out in whatever way you are able. Our temple can only survive through your financial support AND volunteer efforts. We need help in the kitchen on a few Shabbats during the year. We have many congregants who sponsor a Kiddush for both joyful events and yahrzeits, and we could use more assistance. Join the Men's Club or Sisterhood. Do you have an idea for a Temple program? Mention it or email a board member listed in this bulletin and perhaps it can happen. Check out some of the planned events listed in this newsletter and consider participating. Come join us!

On behalf of the Kurzberg family, I wish you and your family a very Happy and Healthy New Year.

Shana Tovah,

Peter Kurzberg

Dates to Calendar

- Aug 17 Installation of Temple Officers*
- Oct 20 Men's Club Breakfast
& Congregational Meeting*
- Oct 27 Sisterhood Membership Dinner*
- Nov 3 Rummage Sale*

2019- 5780

JEWISH HOLIDAYS

- 9/30 Erev Rosh Hashanah**
- 10/1 Rosh Hashanah**
- 10/2 Rosh Hashanah**

- 10/8 Erev Yom Kippur**
- 10/9 Yom Kippur ***
- 10/13 Erev Sukkot**
- 10/14-10/20 – Sukkot**
- 10/21 Shimini Atzeret**
- 10/22 Simhat Torah**
- 12/23-12/30 - Chanukah**

**Temple B'Nai Shalom Board
2019-2020**

Pres. Dr. Peter Kurzberg pkurzb@beld.net
1st VP Stephen Karll Stephen.karll@verizon.net
2nd VP Michael Caplan gardenlover5@verizon.net
Fin Sec Janice Fine jan@janfine.com
Treas. Paula Goldman paulag@beld.net
Rec Sec. Meryl Smith meryljoys@aol.com
Cor Sec Liz Bloom bobliz@beld.net
Pt Pres Marylou Fishman maryloufishman@comcast.net

One Year Directors

Sandie Baler-Segal sandiebs@verizon.net
Audrey Mallock audrabm@gmail.com
Barry Rabinovitz Barry@classichomesre.com
Josephine Salloway jsalloway@aol.com

Two Year Directors

Cheryl Berman nedcheryl@comcast.net
Gail Lerner gblerner@beld.net
Judy Karll sjkarll@yahoo.com
Richard Salloway rbsalloway@aol.com

Representatives

Sisterhood: Board Representatives
Men's Club Paul Rubin

parsbr@verizon.net

Hebrew School Solomon Borocov
Sol007@yahoo.com

Religious Committee: Michael Caplan
Gardenlovers5@verizon.net



TEMPLE B'NAI SHALOM CONGREGATION

REGRETS TO ANNOUNCE



TEMPLE B'NAI SHALOM
REGRETS TO ANNOUNCE THE PASSING OF
SHERMAN BAKER Z" L
FATHER OF ALYSE BAKER-BONCALDO
MAY HIS MEMORY BE FOR A BLESSING

TEMPLE B'NAI SHALOM
REGRETS TO ANNOUNCE THE PASSING OF
DAVID CHERNY Z" L
FATHER OF ADAM CHERNY & SHOSHANA EFFRON
MAY HIS MEMORY BE FOR A BLESSING

TEMPLE B'NAI SHALOM
REGRETS TO ANNOUNCE THE PASSING OF
JULIE JOHNSTONE
MOTHER OF KATHLEEN JOHNSTONE
MAY HER MEMORY BE FOR A BLESSING

TEMPLE B'NAI SHALOM
REGRETS TO ANNOUNCE THE PASSING OF
SARA SAIDEL FOLEY Z" L
NIECE OF HELEN WARSHAUER
MAY HER MEMORY BE FOR A BLESSING

TEMPLE B'NAI SHALOM
REGRETS TO ANNOUNCE THE PASSING OF
RACHEL GISER Z" L
SISTER OF HELEN WARSHAUER
MAY HER MEMORY BE FOR A BLESSING

TEMPLE B'NAI SHALOM
REGRETS TO ANNOUNCE THE PASSING OF
MARSHA VICTOR Z"l
SISTER OF HELEN WARSHAUER
MAY HER MEMORY BE FOR A BLESSING

TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV

TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV
To
AIMEE CAPLAN
YEHUDITH AHAVA
ON HER BAT MITZVAH
AND TO HER PARENTS, ALBA & MICHAEL & BROTHER,
ANDREW CAPLAN



TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV
STEVE & MARYLOU FISHMAN
ON THEIR
50TH WEDDING ANNIVERSARY

TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV
DAVID FLAHERTY
ON HIS RETIREMENT

TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV
PAULA GOLDMAN & DAVID FLAHERTY
ON THEIR
30TH WEDDING ANNIVERSARY

TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV
ARLINE GOODMAN
ON THE HS GRADUATION OF HER GRANDDAUGHTER,
SHIRA

TEMPLE B'NAI SHALOM CONGREGATION
WISHES TO EXTEND A MAZEL TOV
MERYL SMITH
ON HER RETIREMENT

DONATIONS
to
TEMPLE B'NAI SHALOM
IN MEMORY

In memory of
SHERMAN BAKER z"l
Steve & Marylou Fishman
Audrey Mallock

In memory of
DAVID CHERNY z"l
Peter & Karen Kurzberg

In memory of
RACHEL GISER z"l
Paula Goldman & David Flaherty
Arthur & Susan Kaplan
Steve & Judy Karll
Peter & Karen Kurzberg
Milton & Arlene Wolk

In memory of
JULIE JOHNSTONE
Judy & Steve Karll

In memory of
HARRIET ROSENTHAL z"l
Sister of Estelle Weinberger
Evelyn Tubman

In memory of
MARSHA VICTOR z"l
Paula Goldman & David Flaherty
Arthur & Susan Kaplan
Steve & Judy Karll
Peter & Karen Kurzberg
Milton & Arlene Wolk

Yahrzeit Donations

In memory of his mother,
IDA ADLER z"l
Irving & Wayne Adler

In memory of, her father
William Fieldman z"l
Selma Swartz

In memory of his father,
ERNEST LITTMAN z"l
Alex Littman

In memory of his son,
SHANE LITTMAN z"l
Alex Littman

In memory of her father,
LOUIS LUBARSKY z"l
Enid Lubarsky

In memory of her cousin,
BARRY SHEFSHICK z"l
Steve & Judy Karll

In memory of her aunt,
MARY JUDITH SLAVITT z"l
Steve & Judy Karll

In memory of
Sumner Siegel z"l
Susan Hyman

In memory of
Rebecca Spector z"l
Irving Spector

In memory of
ALVAN WOLK z"l
Milton & Arlene Wolk

DONATIONS IN HONOR OF

In honor of
AIMEE CAPLAN'S
Bat Mitzvah
Michael & Alba Caplan

In honor of
STEVE & MARYLOU FISHMAN'S
50th Wedding Anniversary
Enid Lubarsky

In honor of
DAVID FLAHERTY'S
Retirement
Enid Lubarsky

In honor of
ARLINE GOODMAN'S granddaughter, SHIRA'S
High school graduation
Enid Lubarsky

In honor of
KATIE & SYDNEE RABATSKY'S
B'nei Mitzvahs
Enid Lubarsky

In honor of
MERYL SMITH'S
Retirement
Enid Lubarsky

KIDDUSH SPONSORS

Irving & Wayne Adler
In memory of his mother,
Ida Adler z"l

Kelly Scibelli
In honor of her mother,
Kathy Belt's birthday

Michael & Alba Caplan
In honor of
Aimee's Bat Mitzvah

Lucy Fainer
In memory of her son,
Victor Fainer z"l

Paula Goldman & David Flaherty
In memory of Paula's father,
David Goldman z"l

Enid Lubarsky
In memory of her father,
Louis Lubarsky z"l

**DONATIONS FOR
HANDICAPPED BATHROOM**

Irving & Wayne Adler
Alyse Baker-Boncaldo
Lynne Baron
Barry & Kathy Belt
Ned & Cheryl Berman
Bob & Liz Bloom
Michael & Alba Caplan
Lucy Fainer
Janice Fine
Michael & Faye Goldman
Paula Goldman & David Flaherty
Arline Goodman
Seth & Jenn Grossman
Susan Hyman
Herbert King
Peter & Karen Kurzberg
Gail Lerner
Dan & Helen Liberman
Enid Lubarsky
Barry Rabinovitz & Angela Ponte
Nancy Resnick
Marion Rosen
Richard & Josephine Salloway
Rick & Rabbi Ma'ayan Sands
Sheldon Segal & Sandie Baler-Segal
David & Sonya Shaw
Robin Shaer-Torpey
Steve & Laney Silva
Meryl Smith

Helen Warshauer
Milton & Arlene Wolk

Yahrzeit Notices

As a Member of the Temple, you can be notified of a family member's yahrzeit & the remembrance will also be mentioned at the Shabbat Service prior to the Hebrew anniversary. Please send the following information: Name of Deceased, date of passing as well as the time if known to:

Meryl Smith meryljoys@aol.com

Yahrzeit Plaques are \$200

Use the order form above

If you are made aware of a Temple Member's Life Cycle situation: births; special anniversary; engagement; presented with a special award; graduation; retirement or family loss

PLEASE send an e-mail

To Liz Bloom

bobliz@beld.net

KAREN KURZBERG
IS RECIPIENT OF THE 2019-5779
PRESIDENT'S AWARD



The Temple's membership is grateful for all that Karen has contributed & can be counted on for so many years.

RACHEL BOROCOV
BRAINTREE HIGH SCHOOL
2019 GRADUATING SENIOR
RECIPIENT OF
TBS SCHOLARSHIP



Rachel will be at UMASS, BOSTON
Studying Nursing and Spanish!

We hope she continues to visit us on Shabbat , Holidays and Holiday Events. Rachel has been an inspiration to many of our Temple children.

BEST OF ALL GOOD THINGS, RACHEL!

RECIPIENT OF 2019- 5779
RABBI GREENBERG z"l SCHOLARSHIP
JACK BLOOM

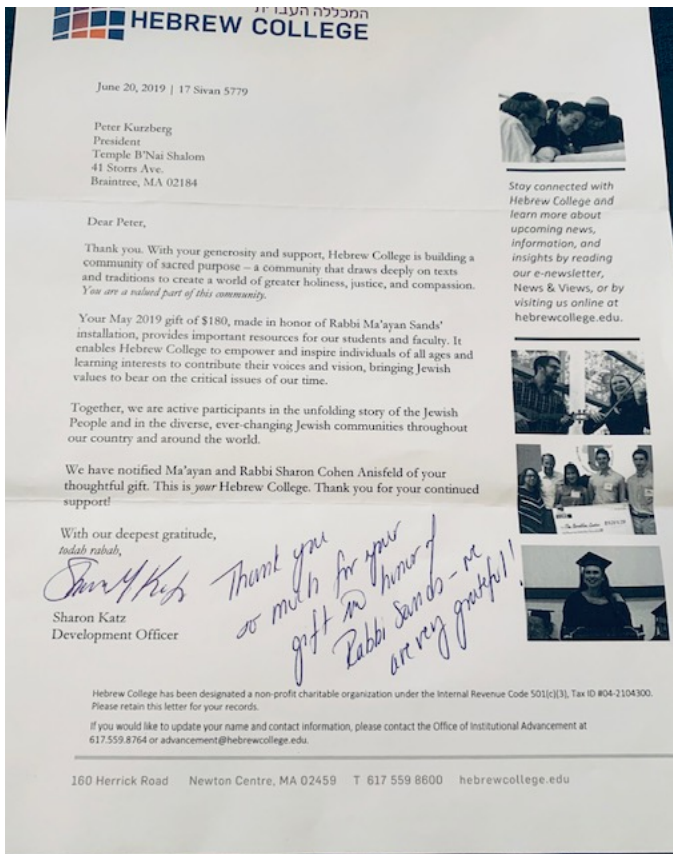


Grandson of
Bob and Liz Bloom
Son, of Stacey

Enjoying to the fullest Sports and continuing his Jewish Education this summer at CAMP GROSSMAN

THE RABBI EPHRAIM GREENBERG z"l
SCHOLARSHIP

The fund started with a contribution of \$5,000 from Daniel & Nancy Kovnat in the 1980's. The fund has been invested in an appropriate account. The interest is awarded to help defray costs for a Jewish experience such as Camp Ramah, Camp Grossman or a trip to Israel. The maximum awarded is up to \$1,000. The recipient must be related to a Temple member. The scholarship awardee is invited to present a report (written or verbal) at a Shabbat or Holiday. The fund is maintained for the Rabbi Greenberg z"l Scholarship.



RUMMAGE

NOV 3

Temple's Fall Fundraiser

“Someone’s recyclables are someone else’s good fortune “

DONATE YOUR ITEMS

But PLEASE –

NO:

Large household items, underwear, pantyhose, used socks, worn shoes, stuffed animals.

Nothing heavier than you can personally lift!

All items will be sold in plastic bags for one cost.

Except

New & household items, which will be priced separately.

VOLUNTEER YOUR TIME

**Nov 2 Saturday – Set up 5 PM
Nov 3 Sunday – Sale 10 AM – 3 PM
Nov 4 Monday – 9:30 AM - 2 PM**

6 PM-7 PM – Clean-up!!!!

VOLUNTEERS NEEDED

Contact:

Alba Caplan 617-759-5252

SAVE THE DATE

**SUNDAY, OCTOBER 20th
MEN'S CLUB BREAKFAST**

&

CONGREGATIONAL MEETING

SAVE THE DATE

SUNDAY, OCTOBER 27

**TBS SISTERHOOD
MEMBERSHIP LUNCHEON**

Join the women of TBS

For the

Annual Fall Membership Luncheon

Watch for your Flier



REMEMBER TO BRING NON-PERISHABLE

FOODS

TO TEMPLE EACH TIME YOU COME

They are distributed to the Food Pantry at

The Marge Crispin Center

**SISTERHOOD HAS
AVAILABLE NOTE CARDS**

**They can be used for
acknowledging any event that
warrants a card.**

\$10 donation for 5 cards

w/envelopes

A supply is available at Temple

Ask: Nancy Resnick

SPONSOR a KIDDUSH



*Remember with TBS: a graduation,
wedding, anniversary, birthday, Mitzvah,
anniversary, Yahrzeit or something special
to you and your family.*

\$75 for a basic Kiddush or embellished for an additional fee. To sponsor a Shabbat Kiddush contact either:

Janice @ 508-230-5074 jan@janfine.com OR
Marylou @ 617-921-0368
maryloufishman@comcast.net

SUPPORT THE TEMPLE

BUY SCRIP

As an ongoing fund raiser

The Temple has available

Stop & Shop and Roche Bros.

gift cards in \$25, \$50, \$100 denominations.

*Contact: Nancy Resnick 781-843-3799 or
Janice Fine 508-230-5074*



visit bjff.org

To see the upcoming movies in the area.

There are Films shown year-round.



CONTINUE TO BRING YOUR CANCELLED POSTAGE STAMPS AND LEAVE IN THE TEMPLE CONTAINER IN THE LOBBY – TO ASSIST THE DISABLED VETERANS' PROGRAM



**JEWISH
NATIONAL
FUND**

Your Voice in Israel



JNF TREES

If you are interested in purchasing JNF Trees in Israel through Hadassah –

Contact: Carol Savas 781-344-9377

carolsavas@yahoo.com



A NIGHT OF HEROES

New England Friends of the IDF
2019 Annual Dinner

Join Us **Wednesday November 20**
 Boston Convention and Exhibition Center
 415 Summer Street, Boston

CLICK HERE FOR TICKETS
OR TO BE A 2019 TABLE SPONSOR!
 617-559-3600 newengland@fidf.org www.fidf.org

FIDF

THEIR JOB IS TO LOOK AFTER ISRAEL. OURS IS TO LOOK AFTER THEM.

DO YOU OR ANY OF YOUR FAMILY

SHOP ON

AMAZON.COM

Thanks to congregants who shop on **AMAZON.COM**, Temple B'nai Shalom receives a check for a percentage of their sales each month from Amazon.

Next time you have something to order:

Go to The Temple's Website:

www.tbsbraintree.com

Click on: **GIVING**

Click on: **SHOPPING OPPORTUNITIES**

JUDAICA ITEMS

Check out the Judaica items on the Hadassah Re-Sale Shop Table At the Temple



2 Mezuzah Scrolls are available at \$18 each.

For additional information contact **Marylou Fishman**

Maryloufishman@comcast.net

617-921-0368

ISRAEL INDEPENDENCE DAY PARADE NYC from Laney Silva



TBS OPEN HOUSE BBQ
3 new families came to visit



**TBS BOARD APPRECIATES
PETER & KAREN KURZBERG'S
HOSPITALITY
AT THE ANNUAL
BBQ & POOLSIDE MEETING**

Meals on Wheels Volunteers Needed!

Do you enjoy helping those in need?



You can help seniors in your own community and feel great doing it! At South Shore Elder Services, we want to make sure no one goes without a meal, but we need your help to make this happen. Give us a call and find out what volunteering for Meals on Wheels is all about.

What does being a Meals on Wheels volunteer mean?

- Valid MA license and a reliable vehicle/CORI check
- Availability of 1-5 days a week/Monday-Friday/late morning. (Average time commitment per day= 3 hours)
- Delivering meals to consumers' door


Initial training is required, additional enrichment opportunities offered



For More Information Call **781-848-3910 X336**
or email volunteer@sselder.org

**Braintree • Cohasset • Hingham • Holbrook
Hull • Milton • Norwell • Quincy • Randolph • Scituate
Weymouth**





1515 Washington Street • Braintree, MA 02184 • 781-848-3910 • FAX 781-843-8279 • TDD 781-356-1992

Dear Community Leader, July 8, 2019

I am writing to you on behalf of South Shore Elder Services. We are the Area Agency on Aging and Aging Service access point for the communities of Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Norwell, Quincy, Randolph, Scituate and Weymouth. South Shore Elder Services provides services, support, information, resources and advocacy for elders enabling them to remain independent and at home.

Many of our programs here at South Shore Elders rely on the dedication and hard work of volunteers. Among these is our Meals on Wheels program, which provides hot and nutritious meals to over 1,200 homebound elders every day. In addition to delivering a hot meal, our volunteers provide a safety check for our consumers who may not otherwise see anyone else during the day. We are reaching out as we are in immediate, critical need for VOLUNTEERS to deliver Meals on Wheels in your community.

Being a volunteer with the Meals on Wheels Program provides a rewarding opportunity for our volunteers and a vital service for those who are homebound, sometimes isolated, often frail, and who are especially at risk during the winter weather. Meals on Wheels are available to anyone who meets the eligibility criteria, regardless of income.

SSES currently has opportunities available with delivering meals or assisting at one of our local meal sites. Meals are delivered Monday-Friday in the morning between the hours of 10:00 AM and noon.


At this time, I would ask that you please share this need with your members so that they are aware of the rewarding opportunity available with our Meals on Wheels Program. Volunteer applications are available online at www.sselder.org.

I am attaching a flyer, which may be used in your weekly communications, and if possible, please post it on a community bulletin board in your building.

Thank you for your consideration. If you have any questions, please do not hesitate to contact me my information is below.

Sincerely,

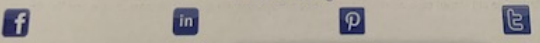
Bridget Campbell
Volunteer Coordinator
South Shore Elder Services, Inc.
1515 Washington St.
Braintree, MA 02184
781-848-3910 ext 336
bcampbell@sselder.org
fax: 781-843-8279



Bridget Campbell
Volunteer Coordinator/Office
Manager
bcampbell@sselder.org
1515 Washington Street
Braintree, MA 02184
www.sselder.org
@SouthShoreElder

www.sselder.org

Braintree • Cohasset • Hingham • Holbrook • Hull • Milton • Norwell • Quincy • Randolph • Scituate • Weymouth



What is the meaning of the High Holidays?

Rosh Hashanah marks the start of the "Ten Days of Repentance" or the "Days of Awe," which culminate in Yom Kippur. According to the Jewish belief, God inscribes his judgment and the fate of each individual in the "Book of Life." But the period of self-reflection, prayer and repentance that follows gives observant Jews the opportunity to atone, seek forgiveness and make amends for their past sins and wrongdoings before the fate is sealed on Yom Kippur.

This notion is reflected in the [greetings](#) heard throughout this period. Before Rosh Hashanah, you may tell someone, *Ketivah v'chatima tovah*, which means, "a good inscription and sealing [in the Book of Life]." On the eve of Rosh Hashanah, you would say, *Leshana tovah tikatev v'tichatem* to a male or *Leshana tovah tikatevee v'tichatemee* to a female, which means, "May you be written and sealed for a good year." Finally, between Rosh Hashanah and Yom Kippur, you'd say, *Gemar chatimah tovah*, which means, "a good final sealing."

How are they marked or celebrated?

Jews celebrate holidays in a wide variety of ways, depending on their level of observance and their community's and family's traditions. Rosh Hashanah [traditions include](#) longer synagogue services with extra prayers and readings, the sounding of the *shofar*, which is the horn of a ram or another animal, festive meals, the lighting of candles and a ceremony called *Tashlich* where Jews throw bread crumbs into a body of water, symbolically casting away their sins from the previous year. Yom Kippur is a somber holiday.

Worshippers [refrain from work](#), like on Shabbat. And—save for children, the sick and women who are pregnant or have just given birth—worshippers fast for more than 24 hours. They might [abstain](#) not only from eating and drinking, but also from wearing leather, applying lotions or creams, washing or bathing and having sex. Other traditions include chanting of the *Kol Nidre*, lighting candles (including to perpetuate the memory of loved ones who have passed away), wearing white,

eating meals before and after the fast and the sounding of the *shofar* to mark the end of the holiday.



Why do Jewish holidays fall on different dates every year?

Jewish holidays are celebrated on the same date every year according to the Jewish calendar—Rosh Hashanah on the first and second days of the month and Yom Kippur on the 10th day of Tishrei—but it doesn't correspond exactly with the Gregorian calendar used in the U.S. and in most countries. So, the date of Jewish holidays on the Gregorian calendar is different each year, though the High Holidays tend to take place in September or October.

The Jewish calendar is lunisolar, or based on the cycles of the sun, around which the Earth orbits every 365 days, and the moon, which goes through a dozen waxing and waning cycles every roughly 354 days. Since a lunar month lasts about 29.53 days, each month on the Jewish calendar is either 29 or 30 days long. A regular year on the Jewish calendar, therefore, is about 11 days shorter than a full solar year. In order to fix the discrepancy and ensure that religious observances and seasons happen around the same time of year, it has its own version of a leap year. However, instead of adding one day to February, it adds a 13th month every two or three years (or precisely seven times every 19 years).

INTERESTING FACTS ABOUT ROSH HASHANAH

1. It's traditional to eat a fruit you haven't eaten for a long time on the second night of Rosh Hashanah.



This tasty custom is often observed by eating a [pomegranate](#), a fruit rich in symbolism (and nutrients). [It developed](#) as a technical solution to a legal difficulty surrounding the recitation of the [Shehechyanu](#) blessing on the second day of the holiday. Use it as an excuse to scout out the “exotic fruit” section of your grocery store’s produce department.

2. Apples and honey (and pomegranates) aren't the only symbolic foods traditionally enjoyed on Rosh Hashanah.



[Other foods traditionally eaten](#) to symbolize wishes for prosperity and health in the new year include dates, string beans, beets, pumpkins, leeks — and even fish heads. Sephardic and Mizrahi Jews often hold [Rosh Hashanah seders](#) in which a blessing is said for each food and they are eaten in a set order. If you want to try this but are a vegetarian or just grossed out by fish heads, consider using gummy fish or fish-shaped crackers instead

3. Rosh Hashanah liturgy has inspired at least two rock songs.



[Avinu Malkeinu](#), the prayer that means “Our Father, Our King,” inspired Mogwai, a Scottish post-rock-trio, [to write a 20-minute epic](#) song “My Father, My King.” The song, which borrows the prayer’s traditional melody, is alternately soft and beautiful and loud and raging. More famously, [Leonard Cohen](#)’s “Who By Fire” draws on the [Unetanah Tokef](#), which many consider the most important prayer in the High Holiday liturgy.

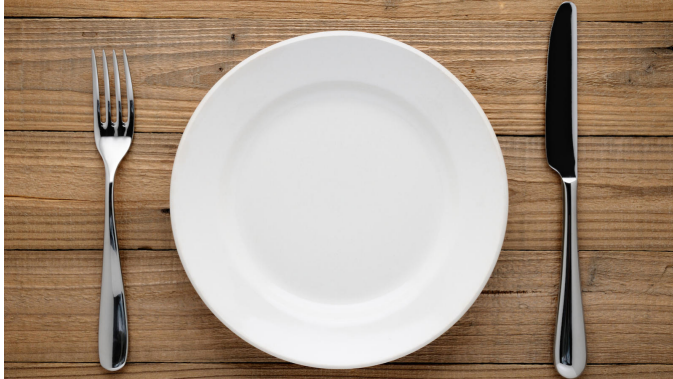
4. Tens of thousands of Hasidic Jews make a pilgrimage to Ukraine for an annual Rosh Hashanah gathering known as a “kibbutz.”



Hasidic Jews outside Nachman of Breslov's grave in Uman, during an annual pilgrimage.

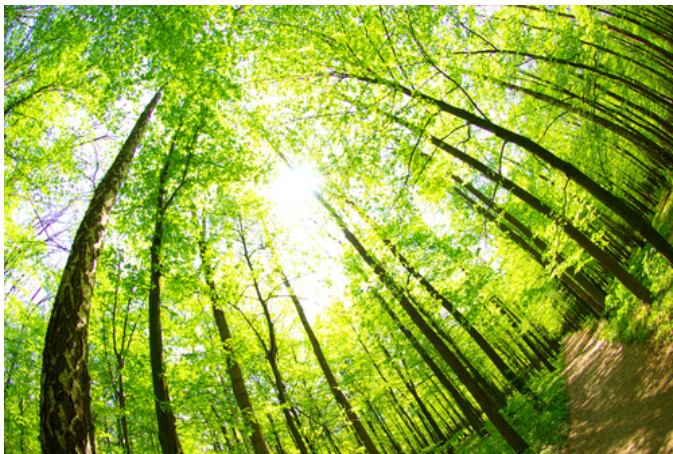
[This lively gathering](#), which dates back to the early 19th century (and has nothing to do with the [Israeli kibbutz](#) movement), takes place in Uman, the town where [Nachman of Breslov](#), founder of the Breslover Hasidic sect and great-grandson of the [Baal Shem Tov](#), was buried. Nachman believed Rosh Hashanah was the most important holiday, hence the timing of the pilgrimage.

5. It is traditional to fast on the day after Rosh Hashanah.



[The Fast of Gedaliah](#) is not a cleanse for those who overindulged at holiday meals, but a day set aside to commemorate the assassination of Gedaliah, the Babylonian-appointed official charged with administering the Jewish population remaining in Judea following the destruction of the Temple in 586 B.C.E. Unlike Yom Kippur, which comes just a few days later, this fast lasts only from sunrise to sundown.

6. Rosh Hashanah is one of four Jewish new years.



It might be the best known of them all, but Rosh Hashanah is not the only Jewish new year. According to the Mishnah, there are three others. The first of Nisan, the springtime month when Passover falls, is the beginning of the year, according to the Book of Exodus. Jewish tradition also marks Tu Bishvat (the 15th day of the Hebrew month of Shevat) as the new year for trees and the first of Elul (usually in August) as the new year for the tithing of animals.

7. American Jews used to exchange telegrams for Rosh Hashanah. A LOT of them.



In 1927, the Western Union Telegraph Company reported that Jewish people sent telegrams of congratulations and well-wishing much more frequently than members of any other group. In particular, they exchanged thousands of messages for Rosh Hashanah. "So great has the volume of this traffic become that the Western Union has instituted a special service similar to those for Thanksgiving, Christmas and Easter," [JTA wrote](#). "This special service, started in 1925, showed a 30 percent increase in 1926."

8. Rosh Hashanah was not always the Jewish New Year.



In the Torah, the beginning of the year was clearly set at the beginning of the month of Nisan, in the spring. However, sometime between the giving of the Torah and the codification of the [Mishnah](#), Rosh Hashanah became the primary new year. The [reasons are unclear](#), although some scholars theorize that it was because neighboring peoples in the ancient Near East celebrated their new years at this time.

9. The shofar, the traditional ram's horn blown on Rosh Hashanah, is stinky.



You have to get close to one to notice, but a common complaint is that these horns smell bad. According to online vendor [The Shofar Man](#), all kosher shofar s have a bit of a scent because they come from a dead animal. To mitigate the odor, he suggests applying a sealant to the inside of the shofar. Believe it or not, [several competing products](#) are marketed exclusively for the purpose of removing or neutralizing shofar smells. We can't vouch for any of them, but perhaps if they don't work for your shofar, you could use them for your bathroom or car.

Happy New Year!

SOME THINGS YOU MIGHT NOT KNOW ABOUT YOM KIPPUR

1. The word “scapegoat” originates in an ancient Yom Kippur ritual.



Jews historically have been popular scapegoats — [blamed for a wide range of ills](#) not of their creation. But, and we're not kidding, they really do deserve blame (or credit) for the term scapegoat. In [Leviticus 16:8](#) (in the Torah portion [Achrei Mot](#)), the High Priest is instructed on Yom Kippur [to lay his hands upon a goat](#) while confessing the sins of the entire community

— and then to throw the animal off a cliff. [A more modern and vegetarian-friendly way of tapping into this ritual can be found here.](#)

2. Another animal ritual, swinging a chicken around one's head, has sparked considerable controversy, and not just from animal-rights activists.



In 2015, the [kaporot](#) ritual, in which a chicken is symbolically invested with a person's sins and then slaughtered, spurred [two lawsuits](#) in the United States: one by traditional Jews claiming their right to perform it was being abridged by the government and another by animal-rights activists. [Centuries earlier](#), the ritual drew criticism from notable sages like the [Ramban](#) (13th century) and [Rabbi Joseph Caro](#) (16th century), whose objections had less to do with animal welfare than with religious integrity.

3. Yom Kippur was once a big matchmaking day.



The [Talmud states](#) that both Yom Kippur and [Tu B'Av](#) (often described as the Jewish Valentine's Day) were the most joyous days of the year, when women would wear white gowns and dance in the vineyards, chanting, “Young man, lift up your eyes and see what you choose for yourself. Do not set your eyes on beauty, but set your eyes on a good family.” Given the aforementioned caffeine headaches and the difficulty of making a decision on an empty stomach, we're glad this particular tradition is no more.

4. Food and drink are not the only things Jews abstain from on Yom Kippur.



Other traditional no-no's on Yom Kippur include bathing, wearing perfume or lotions, having sexual relations and wearing leather shoes. The less-than-attractive aroma resulting from the first two restrictions (not to mention the romantic restrictions imposed by the third) may explain why the day ceased to an occasion for finding true love.

5. In Israel, Yom Kippur is most bike-friendly day of the year

Although many Israelis are secular, and there is no law on the books forbidding driving on Yom Kippur, virtually all the country's Jews avoid their cars on this day. With only the occasional emergency vehicle on the road, bikers of all ages can be seen pedaling, even on major highways. The video above shows how a group of (non-fasting) cyclists seized the opportunity to bike from Tel Aviv to Jerusalem and back, "Stopping only for water and to complain about the heat!"

6. Eating a big meal before the holiday begins will make your fast harder, rather than easier.



Traditionally, the [meal eaten before beginning the fast](#) is supposed to be large and festive, following the talmudic dictum that it is a *mitzvah* (commandment) to eat on Erev [the eve of] Yom Kippur, just as it is a *mitzvah* to fast on Yom Kippur itself. However, eating extra food — particularly in one last-minute feast — does not help to keep you going for 24 hours, [says Dr. Tzvi Dwolatzky](#) of Israel's Rambam Health Care Campus. He suggests eating small amounts of carbohydrates (bread, potato, rice, pasta), some protein (fish, chicken) and fruit.

7. On Yom Kippur in 1940, London's Jews kept calm and carried on.



In the midst of the Battle of Britain, the relentless Nazi bombardment of London that began in September 1940, the city's synagogues went on with their Yom Kippur services. [According to JTA](#), while air raid warnings "twice disturbed" morning Yom Kippur services on Oct. 12, 1940, "most synagogues carried on regardless" and a "large proportion of the men attending services wore uniforms of the various forces."

8. Yom Kippur's Kol Nidrei services are the [only night of the entire Jewish calendar](#) when a prayer shawl is worn for evening prayers.



According to the late [Rabbi Louis Jacobs](#), the tallit (prayer shawl) is worn during Kol Nidrei as "a token of special reverence for the holy day." It is traditional to wear a tallit or a

white garment for the entire holiday, with the color white symbolizing both our spiritual purity and our removing ourselves from the vanities of the material world. Many people actually wear a white robe called a [kittel](#).

9. A Virginia rabbi's pro-civil rights movement sermon on Yom Kippur in 1958 riled up local segregationists and sparked fears of an anti-Semitic backlash.



[JTA reported](#) that Virginia's "Defenders of State Sovereignty" group demanded that local Jews "move quickly to refute and condemn" Rabbi Emmet A. Frank of Alexandria's Temple Beth El for his sermon criticizing the state's "massive resistance" to school desegregation and said that if he had intended to destroy Christian-Jewish relations "he could not have been more effective." While a "leading member" of the Reform temple reportedly said a "considerable" number of congregants worried Frank's stand "might result in increased anti-Semitism," others "sided with the rabbi, holding that he held a spiritual and moral duty to speak out for social justice." The congregation stood by Frank, and the Washington Post published an editorial calling him a "courageous clergyman."

Judy Shefshick-Karll

sjkarll@yahoo.com



Come, join us! Together, we can help our neighbors who are hungry. Together, we can get one step closer to healing the world. Together, we learn about the face of hunger and, by walking, help reduce the number of men, woman, and children in our community who go to bed with empty stomachs.

Our Walk begins at Temple Beth David, 7 Clapboardtree Street, Westwood, on Sunday, September 22nd. Registration begins at 2:00pm with the opening ceremony starting at 2:30pm. Members of multiple faith organizations in Westwood, Needham, Wellesley, Sharon, Canton, Norwood, Dedham and other towns will come together to walk. Remember, the Walk is open to everyone - whether you are part of a faith organization or not.

This Walk was designed for families and all are encouraged to participate. All we ask is that you get some pledges and bring a donation of canned or boxed food, toiletries, or household paper products. All financial proceeds will be donated to Project Bread. All goods will be donated to local food pantries. There will be live entertainment and snacks to make sure all enjoy this event and there will be prizes for the walkers who raise the most money.

Our Walk happens rain or shine. No pre-registration is required. Just grab a sponsor sheet from your house of worship or register through the Walk website: <http://support.projectbread.org/goto/interfaithminiwalk>.

Come show the community that together, we are stronger; together, we can make a difference.

Questions? Contact: Jeff Greenwald: 617-650-7034 or jlgreenwald@partners.org